



Well-Child Care Guide

www.amerihealthcaritasoh.com


AmeriHealth Caritas[™]
Ohio



How to find a provider

You can find a provider by visiting www.amerhealthcaritasoh.com/member/eng/index.aspx or by calling Member Services at 1-833-764-7700.

Well-child visits

Well-child visits, sometimes called Healthchek visits, are routine checkups your child has with their doctor or another medical professional. Your child should have a well-child visit every year around the time of their birthday. These appointments help your child's provider diagnose and treat any potential health issues as early as possible. You will not be charged for a well-child visit.

What to expect during a well-child visit

- Physical exam
- Growth and development check
- Hearing and vision screening
- Appropriate shots/vaccines
- Lab testing (including blood lead levels)
- Mental health and risk behavior check
- Health education for parent and child

Well-child visit schedule

It is important that your child visits their provider at the following ages:

2 – 5 days old

1 month old

2 months old

4 months old

6 months old

9 months old

12 months old

15 months old

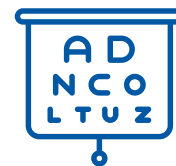
18 months old

24 months old

30 months old

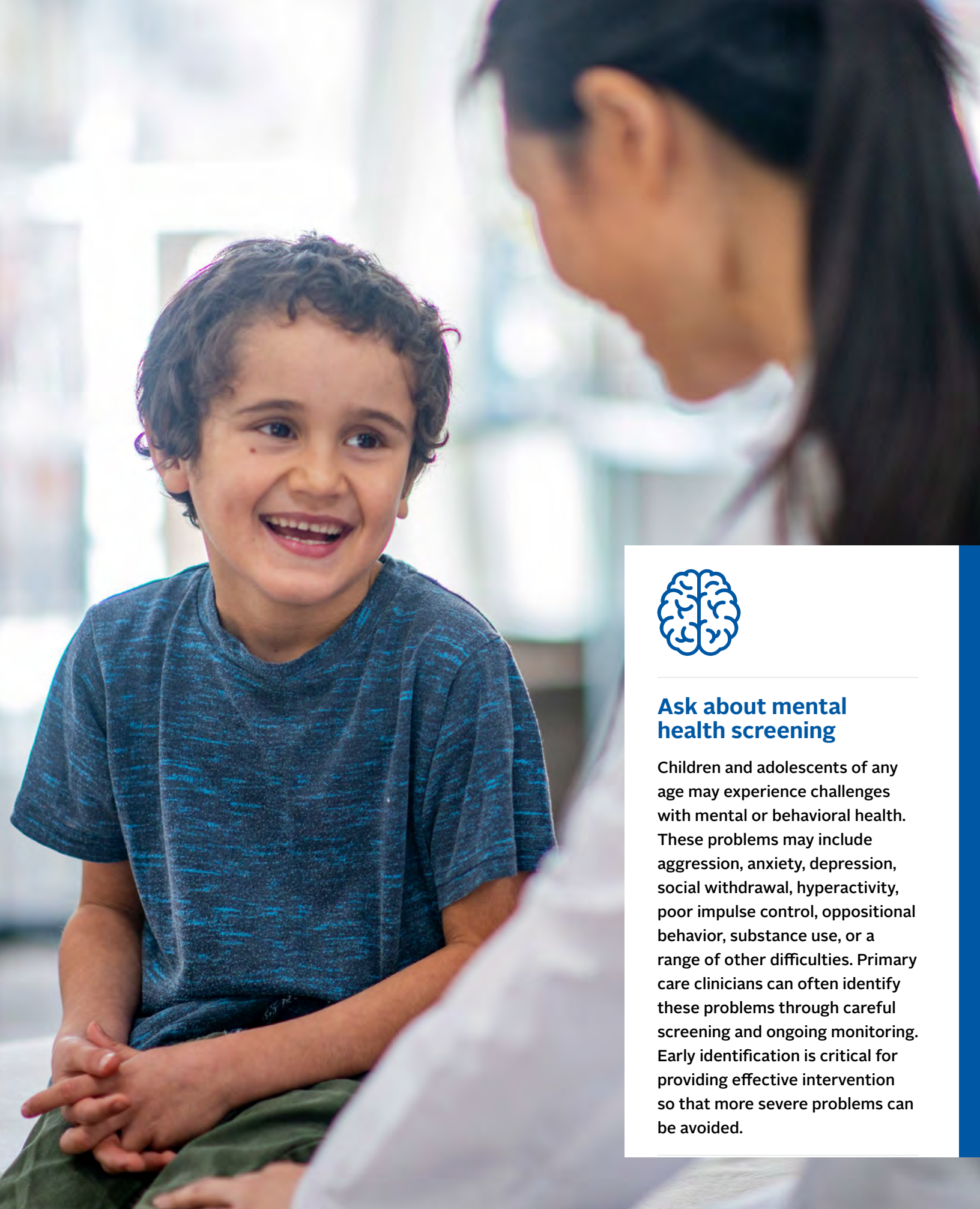
Every year until age 21

After your child turns two and a half years old, they should have an appointment with their pediatrician once per year.



Vision

Your child's provider will perform vision screenings and can refer your child to an optometrist if they need vision care.



Ask about mental health screening

Children and adolescents of any age may experience challenges with mental or behavioral health. These problems may include aggression, anxiety, depression, social withdrawal, hyperactivity, poor impulse control, oppositional behavior, substance use, or a range of other difficulties. Primary care clinicians can often identify these problems through careful screening and ongoing monitoring. Early identification is critical for providing effective intervention so that more severe problems can be avoided.



Screenings

Screenings are tests that detect the presence of certain health risks or conditions. For example, lead exposure is a very dangerous health risk for children. Lead screenings are recommended for children at 12 months old, 24 months old, and sometime between the ages of 3 and 6 years.

Immunizations

As your child reaches certain ages, they will need shots that help protect them from diseases. These shots are called immunizations. Your child's provider will know which immunizations your child is due for, including the seasonal influenza (flu) vaccine and the COVID-19 vaccines.

Age	Immunization or test	
Birth	<ul style="list-style-type: none"> HepB #1 Newborn metabolic/hemoglobin screening 	
2 months	<ul style="list-style-type: none"> HepB #2 DTaP #1 RV #1 	<ul style="list-style-type: none"> Hib #1 PCV #1 IPV #1
4 months	<ul style="list-style-type: none"> DTaP #2 RV #2 Hib #2 	<ul style="list-style-type: none"> PCV #2 IPV #2
6 months	<ul style="list-style-type: none"> HepB #3 Hib #3 DTaP #3 	<ul style="list-style-type: none"> RV #3 PCV #3 IPV #3
12 months	<ul style="list-style-type: none"> Hib #4 MMR #1 Varicella #1 PCV #4 HepA #1 DTaP #4 	<ul style="list-style-type: none"> Lead screening Hemoglobin hematocrit Tuberculosis test if at risk

Age	Immunization or test
18 months	HepA #2
24 months	Lead screening
Every year	Beginning at 6 months, seasonal influenza (flu) vaccine as recommended each year
3 – 6 years	<ul style="list-style-type: none"> Blood lead test Varicella #2
4 – 6 years	<ul style="list-style-type: none"> DTaP #5 MMR #2 IPV #4
11 – 12 years	<ul style="list-style-type: none"> HPV #1 MCV4
13 – 16 years	HPV #2
18 years or younger	MCV4

Key

DTaP	Diphtheria, tetanus toxoid, and acellular pertussis vaccine
Hep	Hepatitis vaccine
Hib	Haemophilus influenzae type B vaccine
HPV	Human papillomavirus vaccine
IPV	Inactivated polio vaccine
MCV4	Meningococcal conjugate vaccine
MMR	Measles, mumps, and rubella vaccine
PCV	Pneumococcal conjugate vaccine
RV	Rotavirus vaccine
Varicella	Chickenpox vaccine

The above vaccination schedule was retrieved from the Centers for Disease Control and Prevention website: <https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>



Dental

Teeth cleanings and other dental services help keep your child's teeth healthy and prevent common conditions, like tooth decay. Make sure you follow the recommended dental checkup schedule below.

If your child does not have a dentist, call Member Services at **1-833-764-7700 (TTY 1-833-889-6446)**.

Birth – 1 year old

Your child receives dental services from their pediatrician.

1 – 3 years old

Your child receives dental services from their pediatrician during checkups or your child goes to the dentist once per year.

3 – 20 years old

Your child goes to the dentist every six months (two times per year).



CARE Card Rewards Program

Taking care of your health has its rewards!

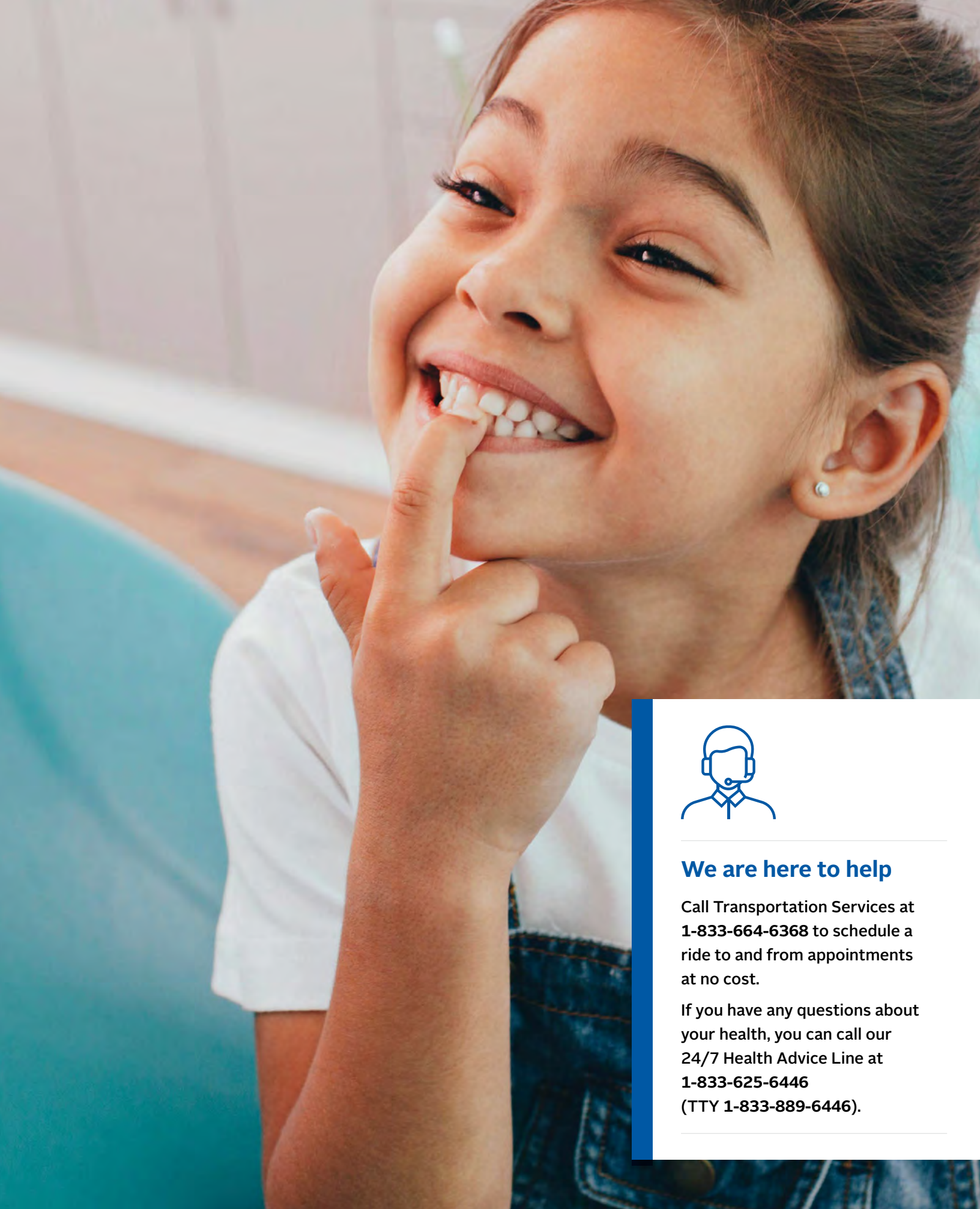
If you are between the ages of 12 to 21 and have an annual well-child visit, you will receive \$15 on your CARE Card.*

For details, visit

www.amerihhealthcaritasoh.com/member/eng/benefits/carecard.aspx.



*Certain limitations and restrictions may apply.



We are here to help

Call Transportation Services at **1-833-664-6368** to schedule a ride to and from appointments at no cost.

If you have any questions about your health, you can call our 24/7 Health Advice Line at **1-833-625-6446** (TTY **1-833-889-6446**).



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AmeriHealth Caritas Ohio complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-833-764-7700** (TTY **1-833-889-6446**).

ATENCIÓN: Si habla español, tiene a su disposición servicios de asistencia lingüística sin cargo. Llame al **1-833-764-7700** (TTY **1-833-889-6446**).

تنبيه: إذا كنت تتحدث العربية، تتوفر خدمات المساعدة اللغوية لك مجاناً. اتصل بالرقم **1-833-764-7700** (TTY **1-833-889-6446**).

ध्यान दिनुहोस्: यदि तपाईं नेपाली भाषा बोल्नुहुन्छ भने तपाईंका निम्ति भाषासम्बन्धी सहयोग सेवाहरू नि:शुल्क रूपमा उपलब्ध हुन्छन् । **1-833-764-7700** (TTY **1-833-889-6446**) मा फोन गर्नुहोस् ।