

First Trimester Visit Notes



Date: _____ Time: _____

Weight: _____ Week of pregnancy: _____

Heart rate: _____ Baby's size: _____

Blood pressure: _____ Doctor seen: _____

Expected due date: _____

Ongoing symptoms: _____

Reason for visit

Doctor's comments

Prescriptions and instructions

Possible first trimester questions



- Do I have any health conditions that could impact my pregnancy? If so, how?
- What prenatal supplement do you recommend?
- Do I need an iron supplement?
- What foods should I try to eat regularly? What should I avoid?
- Do you recommend genetic testing? Why or why not?

Next appointment

Date: _____ Time: _____

Second Trimester Visit Notes



Date: _____ Time: _____

Weight: _____ Week of pregnancy: _____

Heart rate: _____ Baby's size: _____

Blood pressure: _____ Doctor seen: _____

Expected due date: _____

Ongoing symptoms: _____

Reason for visit

Doctor's comments

Prescriptions and instructions

Possible second trimester questions



- Am I a good candidate for low-dose aspirin?
- Do you have any concerns about the baby's anatomy?
- Which vaccines do I need and why?
- Will they impact my pregnancy in any way?
- Why is the glucose test needed? What is the best way to prepare for it?

Next appointment

Date: _____ Time: _____

Third Trimester Visit Notes



Date: _____ Time: _____

Weight: _____ Week of pregnancy: _____

Heart rate: _____ Baby's size: _____

Blood pressure: _____ Doctor seen: _____

Expected due date: _____

Ongoing symptoms: _____

Reason for visit

Doctor's comments

Prescriptions and instructions

Possible third trimester questions



- Why is the group B strep test needed?
- How will my birthing plan be honored?
- What pain management options do I have?
- How will you let me know if my birthing plan needs to change?
- Are you aware of my postbirth plans? (e.g., breastfeeding, keeping the placenta)?

Next appointment

Date: _____ Time: _____

Postpartum Visit Notes



Date: _____ Time: _____

Unanswered questions and concerns

How I feel after this appointment

Next steps

Important Medicaid Postpartum coverage:

Members have continuous Medicaid coverage through 12 months postpartum.

Need someone to talk to?

Call **1-833-606-2727 (TTY 1-833-889-6446)**, 8 a.m. to 5 p.m., Monday through Friday, to learn more about our Bright Start® maternity care coordination program.