Staying Healthy This Flu Season



Everyday ways to protect your health

- Get your flu shot and earn a $25 CARE Card reward.
- Wash your hands often with soap and water.
- Clean commonly touched surfaces.
- Avoid close contact with people who are sick.
- Cover your coughs and sneezes.

We're here to help you stay healthy during this flu season!

Take care of your health

- Get a flu shot to protect yourself and others. You may be able to earn a CARE Card reward.
- Keep regular visits with your doctor or care team.
- Take medications as prescribed.
- If you have asthma, COPD, diabetes, or heart disease, stay connected with your care team.

Benefits for vaccinated members

- The flu shot is covered at no cost.
- Members who get a flu shot may receive a $25 CARE Card reward.
- Transportation is available if you need a ride.

AmeriHealth Caritas Ohio is here to support you if you need:

- Help finding a doctor or pharmacy.
- Help scheduling appointments.
- Transportation to medical visits.
- Questions about your health benefits.

AmeriHealth Caritas Ohio

Call Member Services: **1-833-764-7700**
(**TTY 1-833-889-6446**) Available 24/7

To learn more about flu prevention and your benefits, scan the QR code or visit **www.amerihealthcaritasoh.com/member/getting-care/flu**.

English ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-833-764-7700 (TTY 1-833-889-6446)**.

Spanish ATENCIÓN: Si habla español, tiene a su disposición servicios de asistencia lingüística sin cargo. Llame al **1-833-764-7700 (TTY 1-833-889-6446)**.

Haitian French Creole ATANSYON: Si w pale kreyòl ayisyen, genyen sèvis pou ede w nan lang pa w ki disponib gratis pou ou. Rele nan **1-833-764-7700 (TTY 1-833-889-6446)**.

Ukrainian УВАГА: Якщо ви говорите українською мовою, ви маєте право на безкоштовні мовні послуги. Телефонуйте за номером **1-833-764-7700 (TTY 1-833-889-6446)**.

Nepali/Nepalese (Nepal) ध्यान दिनुहोस्: यदि तपाईं नेपाली भाषा बोल्नुहुन्छ भने तपाईंका निम्ति भाषासम्बन्धी सहयोग सेवाहरू नि:शुल्क रूपमा उपलब्ध हुन्छन् । **1-833-764-7700 (TTY 1-833-889-6446)** मा फोन गर्नुहोस् ।

Arabic
تنبيه: إذا كنت تتحدث العربية، تتوفر خدمات المساعدة اللغوية لك مجانًا. اتصل بالرقم **1-833-764-7700 (TTY 1-833-889-6446)**.

Somali FIIRO GAAR AH: Haddii aadan ku hadlin Af-Soomaali, adeegyada caawimaada luqadda oo bilaash ah, ayaa diyaar kuu ah. Wac **1-833-764-7700 (TTY 1-833-889-6446)**.

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MCO-OH_266459450

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