



## Preventing Adverse Childhood Experiences and Mitigating their Negative Impacts on Ohio Children and Families

FREE training offered by AmeriHealth Caritas Ohio

Virtual workshop presented by

**Becky Carroll, MPA, Director of Policy Research and Analysis**  
**Health Policy Institute of Ohio**

**Training offered via Zoom:  
Tuesday, April 28, 2-3:00 p.m.**

**Description:** During this session, participants will be introduced to the topic of adverse childhood experiences (ACEs), their health and economic impacts in Ohio, and the frequency at which Ohioans are exposed to them. Next, the presenter will describe protective factors (at the community, interpersonal, and individual levels) and their role in preventing ACEs and mitigating the negative effects of ACEs, with a special emphasis on trauma-informed care and behavioral health treatment. Policy opportunities to enhance protective factors will be shared throughout, and the session will conclude with strategies that participants can use to advocate for the policy changes recommended throughout the session.

### Objectives:

- (1) Be aware of adverse childhood experiences (ACEs), the extent to which Ohioans are exposed to them and their health impacts
- (2) Understand that ACEs can be prevented or their negative impacts mitigate with protective factors at the community, interpersonal and individual levels
- (3) Be familiar with policy opportunities to enhance protective factors among Ohioans and strategies for how to advocate for these policy changes

**1 CEUs pre-approved for  
Ohio Counselors, Social Workers, & MFTs\***

(CSWMFT Provider #'s: RCS092303 & RTX032403)

Licensees from other disciplines are encouraged to contact their state licensing board to request continuing education credit for this training event.



\*Participants must stay for the entire training and complete an online program evaluation survey at the end of the webinar to receive continuing education credit. Please note that partial credit will not be awarded for this event.

**Accommodations:** We strive to host inclusive, accessible events that enable all individuals to engage fully. If you require accommodation(s) such as live captioning or interpretation to participate in this event, please contact us at [BH-Training@amerihealthcaritasoh.com](mailto:BH-Training@amerihealthcaritasoh.com).

### **Preventing Adverse Childhood Experiences and Mitigating their Negative Impacts on Ohio Children and Families**

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#### **Agenda for Tuesday, April 28, 2-3:00 p.m.**

2:05 p.m.	Welcome and housekeeping
2:05-2:15 p.m.	ACEs background and data for Ohio
2:15-2:30 p.m.	What can be done to prevent ACEs?
2:30-2:45 p.m.	What can be done to mitigate the negative impacts of ACEs?
2:45-2:50 p.m.	Advocacy guidance
2:50-3 p.m.	Survey/Q&A

#### **Primary References:**

[Protecting against the harms of adverse childhood experiences \(ACEs\) \[healthpolicyohio.org\]](#), HPIO, Oct. 2024

[Strategies to prevent adverse childhood experiences \(ACEs\) in Ohio: Promoting positive social norms and intervening to lessen harm \[healthpolicyohio.org\]](#), HPIO, Jan. 2024

[Data snapshot: Adverse childhood experiences in Ohio \[healthpolicyohio.org\]](#), HPIO, Oct. 2023

#### **Program Registration:**

<https://amerihealthcaritas.zoom.us/meeting/register/WIm5Bn1dQfKIL03Q60075g>

Please contact us with any questions: [BH-Training@amerihealthcaritasoh.com](mailto:BH-Training@amerihealthcaritasoh.com).