

Exhibit P3 – Orthodontic Criteria – Mail Order Orthodontics

- A. OAC 5160-5-1 (C)(2) details eligible Medicaid providers that may receive Medicaid payment for submitting a claim for a dental service. Direct to consumer mail order orthodontics is unsupervised orthodontics, and ineligible to receive Medicaid reimbursement.
- B. Rationale – Orthodontic benefits are payable only for services performed by a licensed dentist. This requirement is imposed primarily for member protection, as it ensures that any procedures performed are necessary, appropriate, and delivered within the standards of good dental practice. In the case of many mail-order aligner kits, a dentist does not physically examine or oversee the patient care as he or she self-administers a series of orthodontic aligners at home. It is especially important that a dentist monitor the patient during orthodontic treatment, since refinements, revisions and adjustments of aligners are expected and very common. A dentist has the ability and requisite training to properly monitor treatment progress, which is imperative in orthodontic treatment.

Additional Information

- 1. Services that fail to meet clinical criteria due to prior treatment will require medical necessity review

Reference: OAC 5160-5-01 Dental Services(C)(2)