



Control, Connection and Meaning: Why Trauma Competent Care?

FREE training offered by AmeriHealth Caritas Ohio

Virtual workshop presented by

Kim Kehl, M.Ed., Project Manager, Trauma-Informed Care
Ohio Department of Children and Youth

Training offered via Zoom:
Monday, March 9, 10 to Noon

Description: Trauma-competent care is essential because it recognizes the widespread impact of trauma and understands the signs and symptoms of trauma in children, families, and individuals. It recognizes the potential for recovery and responds by integrating knowledge about trauma into policies, procedures, and practices to prevent re-traumatization. Trauma-competent care is crucial for helping professionals including social workers, counselors, therapists, nurses, doctors and teachers work effectively with traumatized individuals. This session will provide an overview of trauma, prevalence, and principles of care for professionals to consider in responding to person with trauma histories.

Objectives:

- (1) At the end of this session, participants will be able to identify how trauma impacts a person's ability to participate in life, cooperate with others, and maintain meaningful and safe connections.
- (2) Participants will be able to identify the six principles of trauma-informed care and how those principles can promote healing and resiliency in individuals with trauma histories.
- (3) Participants will understand that members of the helping professions, who listen to accounts of trauma, find that the experience affects the way they think about themselves, their work, and their world.

**2 CEUs pre-approved for
Ohio Counselors, Social Workers, & MFTs***

(CSWMFT Provider #: RCS092303 & RTX032403)

Licensees from other disciplines are encouraged to contact their state licensing board to request continuing education credit for this training event.



*Participants must stay for the entire training and complete an online program evaluation survey at the end of the webinar to receive continuing education credit. Please note that partial credit will not be awarded for this event.

Accommodations: We strive to host inclusive, accessible events that enable all individuals to engage fully. If you require accommodation(s) such as live captioning or interpretation to participate in this event, please contact us at BH-Training@amerihealthcaritasoh.com.

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Agenda for Monday, March 9, 10 a.m. to Noon

10-10:05 a.m.	Welcome and housekeeping
10:05-10:35 a.m.	What is trauma? <ul style="list-style-type: none">• SAMHSA definition• ACE study• ACEs in Ohio
10:35-11:05 a.m.	Effects of Trauma <ul style="list-style-type: none">• Positive Childhood Experiences (PCEs)• Brain Development• Impact of Trauma• Resiliency• Coping mechanisms
11:05-11:25 a.m.	SAMHSA Trauma-Informed Care Principles
11:25-11:45 a.m.	Vicarious Trauma and Compassion Fatigue
11:45 a.m.-Noon	Survey/Q&A

Primary References:

- Substance Abuse and Mental Health Services Administration. *Trauma-Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57.* 2014
- Substance Abuse and Mental Health Services Administration. *SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach.* 2014
- Substance Abuse and Mental Health Services Administration: *Practical Guide for Implementing a Trauma-Informed Approach.* 2023

Program Registration:

<https://amerihealthcaritas.zoom.us/meeting/register/v0geisKXQAWZ-PEEV9y9Hg>

Please contact us with any questions: BH-Training@amerihealthcaritasoh.com.